

CURRICULUM VITAE

Name:	Sebastian Kohlmann
Academic title:	PD Dr. rer. nat., DiplPsych., MSc. (Psychotherapy)
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Present academic position:	Senior Researcher



Education

2012 - 2014	Study of Advanced Psychotherapy, University of Bern, Switzerland
2009 – 2013	Advanced postgraduate training in Cognitive Behavioural Therapy, University Würzburg and German Society for Behavioural Therapy Hamburg, Germany
2007	Postgraduate Program in Health Psychology, University of Auckland, New Zealand
2003 – 2009	Study of Psychology, University of Marburg, Germany

Degrees

2020	Postdoctoral lecture qualification (Habilitation), Venia Legendi for Psychosomatic Medicine, Clinical Psychology and Psychotherapy, University Medical Center Hamburg, Germany
2014	Master of Advanced Psychotherapy, University of Bern, Switzerland
2013	German licensure to practice psychotherapy
2013	Dr. rer. nat. (PhD), University of Marburg, Germany
2009	Diploma in Psychology, University of Marburg, Germany

Professional positions

Since 2013	Senior Researcher, Department of Psychosomatic Medicine and Psychotherapy, University Medical Centre Hamburg-Eppendorf, Germany
2010 – 2013	Junior Researcher, Department of Psychosomatic Medicine and Psychotherapy, University Medical Centre Hamburg-Eppendorf, Germany
2010-2013	Clinical consultant-liaison psychologist and junior researcher, Department of Psychological Medicine and University Heart Centre, University Medical Centre Hamburg-Eppendorf, Germany
2009-2010	Clinical psychologist and junior researcher, Department of Psychiatry and Psychotherapy, University Medical Centre Würzburg, Germany

Research interests



Depression screening, patient-targeted feedback interventions, patient participation, psycho-cardiology, somatic symptom research

Other academic and administrative functions

Since 2018	German Society for Psychosomatic Medicine and Psychotherapy
Since 2018	Chinese-German Network for Psychosomatic Medicine
Since 2018	German Society for Psychology
2014 – 2019	Elected member of the Hamburg Chamber for Psychotherapy
2012-2016	Young Researcher at the German Centre for Cardiovascular Research
Since 2010	German Society for Behavioural Therapy
Since 2010	German Society for Behavioural Medicine

Selected awards and honours

2018	Selected research year award, Research fund of the Medical Faculty, University Medical Center Hamburg-Eppendorf
2016	Elsevier Young Investigator Award, European Association of Psychosomatic Medicine
2013	Irmela Florin Award, German Society for Behavioural Medicine
2012	1. Poster prize European Association of Psychosomatic Medicine

Project-related funding

2020	The efficacy of feedback after depression screening. A web-based randomized controlled trial. (PI)
2019	Mechanisms of screening and feedback: A mixed method study in patients with coronary heart disease. (PI)
2018	Depression screening using patient-targeted feedback in general practices: The multicentre GET.FEEDBACK.GP randomised controlled trial (Co-Proposer)
2017	Increasing Risk Perception of Physical Activity Using Patient-targeted Feedback. The RiskAct Randomized Controlled Trial. (PI)
2016	EURONET-SOMA: European Research Network to improve Diagnosis, Treatment and Care for Patients with Persistent Somatic Symptoms. (Co-Proposer)

Selected publications

- 1. Kohlmann, S., Löwe, B., & Shedden-Mora, M. C. (2018). Health care for Persistent Somatic Symptoms across Europe: A qualitative evaluation of the EURONET-SOMA expert discussion. Frontiers in Psychiatry, 9, 646
- 2. Löwe, B., Blankenberg, S., Wegscheider, K., König, H. H., Walter, D., Murray, A. M., ... & Kohlmann, S. (2017). Depression screening with patient-targeted feedback in cardiology: DEPSCREEN-INFO randomised clinical trial. The British Journal of Psychiatry, 210(2), 132-139.
- 3. Kohlmann, S., Gierk, B., Hilbert, A., Brähler, E., & Löwe, B. (2016). The overlap of somatic, anxious and depressive syndromes: A population-based analysis. Journal of Psychosomatic Research, 90, 51-56.
- 4. Kohlmann, S., Gierk, B., Hümmelgen, M., Blankenberg, S., & Löwe, B. (2013). Somatic symptoms in patients with coronary heart disease: prevalence, risk factors, and quality of life. JAMA internal medicine, 173(15), 1469-1471.