CURRICULUM VITAE

| Name: | Dr. Angelika Weigel |
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| Academic title: | Ph.D. |
| Affiliation: | Department of Psychosomatic Medicine and Psychotherapy, Centre for Internal Medicine, University Medical Centre Hamburg-Eppendorf |
| Address: | Martinistr. 52, 20246 Hamburg |
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| E-Mail: | a.weigel@uke.de |
| Present academic position: | Leading Psychologist, Postdoctoral research fellow |



Education

| 2010 - 2014 | Advanced postgraduate training in psychotherapy (cognitive-behavioural therapy), Aus- und Weiterbildungsinstitut für Verhaltenstherapie Falkenried |
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| 2005-2010 | Diploma in Psychology Technical University Darmstadt, Germany |
| 2007-2009 | Basic level graduation in person centered counselling Gesellschaft für wissenschaftliche Gesprächspsychotherapie |

Degrees

| 2013 - 2016 | Ph.D. in non-medical PhD-Program University Medical-Centre Hamburg-Eppendorf |
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| 2014 | Licensure as psychological psychotherapist (cognitive-behavioural therapy) |

Professional positions

| Since 2020 | Leading Psychologist, Postdoctoral research fellow |
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| | at the Clinic and Policlinic for Psychosomatic Medicine and Psychotherapy University Medical Centre Hamburg-Eppendorf, Germany |
| 2018 | Visiting Postdoctoral research fellow |
| | at the Research Clinic for Functional Disorders and Psychosomatics, Aarhus University Hospital, Denmark |
| Since 2016 | Postdoctoral research fellow, lecturer and clinical psychologist |
| | at the Department of Psychosomatic Medicine and Psychotherapy University Medical Centre Hamburg-Eppendorf, Germany |
| 2011-2016 | Junior research fellow |
| | at the Department of Psychosomatic Medicine and Psychotherapy University Medical Centre Hamburg-Eppendorf, Germany |
| 2011-2012 | Psychotherapist |
| | at the Department of Psychiatry Asklepios Clinic North Wandsbek, Germany |
| 2010 - 2011 | Psychotherapist at the Department of Psychosomatic Medicine and Psychotherapy Schön Clinic Hamburg Eilbek, Germany |

Research interests

Prevention and early treatment in persistent somatic symptoms; somatoform, functional, somatic symptom and related disorders as well as eating disorders, psychotherapy research; mechanism research; illness perceptions and explanatory models in mental and somatic disorders; gynaecological psychosomatics

Other academic and administrative functions

| Since 2019 | Co-opted Council member of the EAPM Executive Council |
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| Since 2018 | Member of the Special Interest Group "Young Researchers", European Association of Psychosomatic Medicine (EAPM) |
| Since 2017 | Founding member of an Academic Peer-Mentoring Group for female researchers |
| 2014-2019 | Mentor at Mentoring Program PLUS for medical students at University Medical Centre Hamburg-Eppendorf, Germany |

Selected awards and honours

| 2017 | Award for best psychological PhD thesis (DKPM) |
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| 2017 | Best Poster Award at the German Conference for Psychosomatic Medicine and Psychotherapy, Berlin, Germany (DKPM, DGPM) |
| 2011-2013 | Scholarship "Clinical Research in Psychosomatics" (C.G. Carus Foundation) |
| 2008-2010 | Scholarship (German Academic Scholarship Foundation) |

Project-related funding

| 2019 | Research grant "Helpful explanatory models in somatoform symptoms: an experimental pilot study", Werner-Otto Foundation (PI) |
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| 2016 | EURONET-SOMA: European Research Network to improve Diagnosis, Treatment and Care for Patients with Persistent Somatic Symptoms. (Co-Proposer) |

Selected publications

Weigel A, Löwe B, Kohlmann S. Severity of somatic symptoms in outpatients with anorexia and bulimia nervosa. *Eur Eat Disord Rev.* 2019;27:195-204.

Maehder K, Löwe B, Härter M, Heddaeus D, Scherer M, **Weigel A**. Management of comorbid mental and somatic disorders in stepped care approaches in primary care: A systematic review. *Fam Pract*.2019;36:38-52.

Gumz A & Weigel A, Wegscheider K, Romer G, Löwe B. Evaluation of the *psychenet* Healthcare Network Campaign for Anorexia Nervosa: A Pre-Post Intervention Study. *Prim Health Care Res* 2018;19(1):42-52.

Weigel A, Hüsing P, Kohlmann S, Lehmann M, Shedden Mora M, Toussaint A, Löwe B. A European research network to improve diagnosis, treatment and care for patients with persistent somatic symptoms: Work report of the EURONET-SOMA conference series. *J Psychosom Res 2017*;97:136-138.

Weigel A, König HH, Löwe B, Gumz A, Brettschneider C. Correlates of health related quality of life in anorexia nervosa. Int J Eat Disord 2016, 49(6): 630-634.

Weigel A, Rossi M, Wendt H, Neubauer K, Rad K, Daubmann A, Romer G, Löwe B, Gumz A. Duration of untreated illness and predictors of late treatment initiation in anorexia nervosa. *J Public Health* 2014; 22(6): 519-527.